

1957 Region 4 Championship at Macalester College, St. Paul, Wednesday, May 29, 1957

Teams: (5,3,2,1) White Bear Lake 26, Anoka 25 ½, Mora 15, Spring Lake Park 13, Columbia Heights 10 ½, Farmington 8, Montgomery 7 ½, West St. Paul 7, Red Wing 6, St. Paul Park 5, Alexander Ramsey 3, North St. Paul 3, Milaca 3, Waterville 3, St. Peter 2 ½, Mounds View 2, Cleveland 1, Elk River 1.

100

- 1 Collins, Mora 10.5
- 2 Johnson, Spring Lake Park
- 3 Johnson, Red Wing
- 4 Lehr, Columbia Heights
- 5 Koppleman, Cleveland

220

- 1 Collins, Mora 22.6
- 2 Lehr, Columbia Heights
- 3 Johnson, Spring Lake Park
- 4 Hammond, West St. Paul

440

- 1 Johnson, St. Paul Park 52.5
- 2 Dahlin, Henderson
- 3 Mohrenweiser, Mora
- 4 Kriha, Montgomery
- 5 Benz, Alex Ramsey

880

- 1 Schweizer, White Bear Lake 2:01.3
- 2 Weeks, Anoka
- 3 Foster, Mounds View 2:04
- 4 Kylander, Mora
- 5 Davis, Cleveland

One Mile Run

- 1 Ron Larson, White Bear Lake 4:32.6
- 2 Silgen, Alex Ramsey
- 3 Russell, Anoka
- 4 Stadden, Elk River
- 5 Anderson, Waterville

High Hurdles

- 1 Rudy Betlach, Anoka 15.2
- 2 Sprute, Farmington
- 3 Thalberg, Red Wing
- 4 Peterson, Anoka
- 5 W. Peterson, Waterville

180 Yd. Low Hurdles

- 1 Sprute, Farmington 20.2
- 2 Rudy Betlach, Anoka
- 3 Thalberg, Red Wing
- 4 Koppleman, Cleveland
- 5 Henry, Milaca

880 Relay

- 1 Spring Lake Park 1:34.8 (R. Young, Perleberg, Dahlin, Johnson)
- 2 White Bear Lake
- 3 Montgomery

Shot Put

- 1 Wayne Heaton, White Bear Lake 50-7
- 2 Eglite, White Bear Lake
- 3 Ritter, Mora
- 4 Nash, Anoka
- 5 Kahlon, Henderson

Discus Throw

- 1 Wayne Heaton, White Bear Lake 143-7
- 2 Philipson, North St. Paul
- 3 Matheson, Milaca
- 4 Grover, Waterville

Broad Jump

- 1 Carl Pederson, West St. Paul 21-6 ½
- 2 Rudy Betlach, Anoka
- 3 W. Peterson, Waterville
- 4 Johnson, Milaca

High Jump

- 1 Rudy Betlach, Anoka 5-10 ¾
- 2 Lager, St. Peter
- 2 McGonagle, Anoka
- 4 Boyd, West St. Paul
- 5 Fullerton, White Bear Lake

Pole Vault

- 1 Hughes, Columbia Heights 11-6
- 2 Dick Morrow, Montgomery
- 3 Chuck Morrow, Montgomery
- 3 Rohrbacher, Columbia Heights
- 5 Gaupp, Spring Lake Park
- 5 Marshall, Braham

* Ties Meet Record

** New Meet Record

Notes: I don't believe that 5th place scored.